



THE SPA AT TERRANEA FACT SHEET

Overview

Coastal breezes and the gentle echo of Pacific Ocean waves offer a serene oasis to rejuvenate body and spirit at The Spa at Terranea.

Spanning 50,000 square feet, the award-winning spa, salon, wellness and fitness center blends a tranquil Mediterranean ambiance with state-of-the-art design by the foremost experts in wellness and restorative therapy. Natural stone, native woods, bamboo and water elements transition indoor to outdoor spaces seamlessly, preserving the delicate harmony between nature. Holistic body treatments reflect the beauty and energy of the Spa's oceanfront setting.

Resort guests and daytime visitors discover a private sanctuary with 25 treatment rooms that overlook a glistening, panoramic seascape and Catalina Island. The Spa at Terranea features an oceanfront yoga and Pilates studio, expansive fitness center, full-service salon, Spa Cafe and boutique. Lush, garden settings surround the private Spa pool and hot tubs, relaxation lounges and fire pits totaling 25,000 square feet of outdoor space.

Contact / Hours

100 Terranea Way
Rancho Palos Verdes, CA 90275
Appointments: (310) 265-2740
Hours: 8:00 a.m. – 6:00 p.m. daily
www.terranea.com/spa

The Spa Amenities

The Spa at Terranea offers 25 luxury treatment rooms overlooking the Pacific Ocean, with tranquil spaces for massage, hydrotherapy and facial rituals. For couples, three Signature Treatment Suites soothe with freestanding copper soaking tubs, warm fireplaces, infrared saunas, couples' massage tables and Swiss showers.

Outside, guests cool off with a dip in the exclusive, adults-only pool or lounge beneath private cabanas. Elegant gardens and fire pits offer quiet spaces to unwind amid breathtaking ocean views.

Pampering amenities at The Spa at Terranea include:

- 15 Massage spa treatment rooms
- 4 Facial (or Massage) salons
- 2 Vichy/wet treatment rooms
- 1 Hydrotherapy room
- 3 Signature Treatment VIP Suites
- Oceanfront adult lap pool with private cabanas
- Men's and women's indoor and outdoor relaxation areas with sauna, steam room, whirlpool and cold plunge pool.
- Co-ed relaxation lounges with Pacific Ocean views
- Garden lounge seating and cozy outdoor fire pits

Fitness and Wellness Center

The 5,000-square-foot Fitness and Wellness Center inspires energy and movement in a state-of-the-art space that features panoramic views of the Pacific Ocean. Floor-to-ceiling windows bring the beauty of nature indoors as guests circuit an array of cutting-edge weight training and cardiovascular equipment.

The Center also offers a diverse group fitness program that ranges from yoga to water aerobics and outdoor adventures. Classes are offered inside the oceanfront movement studio or on the terrace.

- 5,000-square-foot Fitness and Wellness Center
- Oceanfront yoga and movement studio
- Expansive outdoor terrace
- Personal training
- Group fitness schedule featuring aerobics, spinning, Pilates, yoga and meditation
- Outdoor hiking, cycling and water movement classes

Salon Services

The Spa at Terranea's full-service Salon pampers with signature beauty rituals, rejuvenating skincare treatments, hair styling and makeup services provided by a dedicated team of specialists. An exclusive VIP area offers an intimate setting and personalized service for bridal parties and special occasions.

- Signature manicures and pedicures, featuring reflexology massage and nourishing herbal and mineral treatments
- Full-service hair care, including cut, color, highlights and styling
- Makeup application and expert consultations
- Wedding day makeup and hair styling

Spa Café and Boutique

Open for breakfast and lunch, the Spa Café offers a tranquil setting for light fare, fresh smoothies and juices. Simple preparations spotlight local ingredients like lemongrass, avocado and cilantro.

The Spa Boutique offers an artful array of premier gifts and spa products, including organic candles and earth-friendly massage oils, body scrubs and other skincare items.

**Signature
Treatments**

The Spa at Terranea awakens guests to nature's sacred rhythms with healing rituals that follow the daily cycle of energy, rest and repair. Morning treatments stimulate mind and spirit, while calming afternoon and evening rituals restore balance and peace.

Morning Rituals

Crystal Reflections – A luxurious footbath of healing quartz crystal and reflex-structural foot massage aligns body and mind.

Ocean Prelude – The life-giving waters of the Pacific inspire this full-body treatment, which features a nutrient-rich seaweed wrap and warm saltwater bath before an indulgent, long-stroke rhythmic massage with sensuous oils derived from natural kelp.

**Late Afternoon /
Evening Rituals**

El Segundo Blue – Like a butterfly's metamorphosis, this journey begins with a soothing massage of fragrant botanicals before guests are wrapped in a blissful cocoon of revitalizing blue mineral sea clay. A heavenly head and scalp massage inspires deep tranquility before emerging renewed in body, mind and spirit.

Flickering Embers – The fire's warm glow and subtle hints of incense inspire a deep awareness of the essential self. Begin with a detoxifying body wrap of rich volcanic ash, followed with a neutral bath of essential oils and minerals. An abdominal Hara massage restores balance, while warm marine body compresses soothe the lower back, knees and neck.

Opening Date

June 2009

Management

Destination Hotels & Resorts

Architect

Hill Glazier, Los Angeles

Interior Design

BAMO, San Francisco

Spa Consultants

Braham and Schultz