

## STARTERS

Organic Low Fat Yogurt 6

Fresh Fruit Smoothie 9

Low Fat Hummus, Pita Bread 9

Edamame, Sea Salt 6

Market Fresh Fruit Cup, Yogurt Dip 7

## SALADS

Asian Organic Chicken Salad 12

*lemon grass-ginger vinaigrette*

Mediterranean Chopped Salad 12

*white balsamic-basil vinaigrette*

Grilled Pacific Salmon & Tabbouleh Salad 12

*local greens*

## SANDWICHES served with taro root chips or fat free puffed chips

Tuna Salad 14 *lettuce, tomato, sourdough baguette*

Organic Chicken Wrap 14

*roasted peppers, lettuce, avocado, chipotle mayo*

Mediterranean Vegetable 14

*roasted eggplants, sweet peppers, basil, goat cheese, feta,*

*tapenade, multi-grain bread*

## DESSERTS


Ice Cream Novelties 5

Fruit Bars 5

Whole Fruit 3 per piece

## WINE BAR by the glass

|  |   |    |
|--|---|----|
|  | Graham Beck Brut Rosé Sparkling Wine, South Africa , NV | 13 |
|  | Honig Sauvignon Blanc, Napa Valley 08                   | 12 |
|  | Zaca Mesa Chardonnay, Santa Ynez Valley 07              | 13 |
|  | Rutherford Ranch Cabernet Sauvignon, Napa Valley 06     | 12 |
|  | Paraiso Pinot Noir, Santa Lucia Highlands 07            | 13 |

The Spa Café is dedicated to vineyards that pay respect to, and lessen our footprint on our environment. Wines that fit into this category have been noted in green with a  . Here's to healthy drinking!

Guided by principles of sustainability.