

all day offerings

- granola, skim milk.....6
- organic yogurt / plain, low fat, fruit flavored4
- organic bananas & apples.....2
- market fresh fruit cup6

morning offerings

pastries

- muffins, croissants, danish, scones.....3
- house made sticky pecan bun5
- assorted bagels with cream cheese.....3

warm breakfast sandwiches

- healthy spa wrap / scrambled egg whites, roasted vegetables, spinach tortilla8
- peppery bacon & cheese roll / eggs, provolone cheese8
- organic egg & chicken sausage quesadilla / roasted peppers, cheese8

beverages

- pom 4
- naked 4
- bottled orange juice 4
- bottled grapefruit juice..... 4
- milk, regular or chocolate 3
- jones & izee 4
- soft drinks 3

barista creations

- coffee, reg / decafsm 2 / med 3 / lg 4
- cappuccinosingle 4 / double 5
- café lattesingle 4 / double 5
- mochasingle 4 / double 5
- espressosingle 3 / double 4
- iced coffeesm 2 / lg 4
- hot chocolate sm 2 / lg 4
- herbal tea selection..1 bag 2/ 2 bag 3
- additional flavors.....50¢

afternoon & evening offerings

sandwiches

- tuna salad.....8
- lettuce, tomatoes, sourdough baguette
- organic grilled chicken wrap 9
- roasted peppers, lettuce, avocado, chipotle mayo
- mediterranean vegetable 9
- roasted eggplant, sweet peppers, basil, goat cheese, feta, tapenade, multi-grain bread
- roasted turkey & brie 8
- lettuce, sun-dried tomatoes, ciabatta bread, basil pesto

salad bowls

- asian organic chicken salad..... 9
- lemon grass-ginger vinaigrette
- mediterranean chopped salad 9
- white balsamic-basil vinaigrette
- grilled pacific salmon & tabbouleh salad 12
- local greens

snacks

- chips.....3
- taro root chips or sticks..... 4
- pretzel sticks.....3
- freshly baked pretzels, beer mustard 6

sweets

freshly baked cookies2
white chocolate macadamia nut, chocolate chip, oatmeal raisin, peanut butter
brownies.....3
double chocolate fudge, chocolate fudge caramel cheesecake

chocolate truffles.....2
white chocolate passion fruit, earl grey chocolate

chocolate bars.....3
mint chocolate, crunchy gianduja chocolate

pies & tarts.....5
apple pie, chocolate macadamia nut tart, fresh california fruit tart

cup cakes.....3
red velvet, apple caramel, double chocolate chip

house made gelato & sorbets - cup or fresh made waffle cone

small.....5
large7

Guided by principles of sustainability.