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The Lure of CHOCOLATE

Woo Clients with
Cacao-Based Treatments

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Foolproof Hiring Strategies



TIME FOR TWO

FOR A DEEPLY TRANQUIL experience to share with a loved one, The Spa at Terranea (terranea.com) in

Rancho Palos Verdes, California, welcomes guests into a fireside suite. The Flickering Embers (120 min./\$325) treatment, which is the seaside spa's signature service, allows couples to bask in the warmth of a nutrient-rich, detoxifying volcanic ash body wrap. The therapist also performs a neutral bath of fragranced essential oils and healing magnesium. Then, as clients sip on an herbal elixir, the subtle aroma of incense and the sound of nearby ocean waves soothe them. "The

special features of this room include the fireplace and copper tub," says Melinda Milner, spa director.

There's also a balcony that juts out over the sea, which affords views of Catalina Island and frolicking dolphins.

The crowning indulgence is a balancing abdominal massage of the *hara*, the body's energy center. Heated, comforting marine poultices are gently positioned across the lower back, knees and neck. The end result is a shared state of total relaxation. —S. Gutierrez

PHOTO COURTESY THE SPA AT TERRANEA