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HELLO, GORGEOUS!

OUR INSIDER'S GUIDE TO GETTING THAT CALIFORNIA GLOW



A spa-goer at
the Four Seasons
Hotel Los Angeles
at Beverly Hills

THE L.A. BEAUTY GUIDE

Cultivating a California glow requires more than just sunshine, sand and surf spray. Refresh, de-stress and get gorgeous with our compendium of insider-approved beauty destinations. *By SUZANNE ENNIS*



Clockwise from above: Women in the coed mineral pool at the Spa Montage Beverly Hills; the nail room at Exhale in Hollywood; a couples treatment room at the Spa at Terranea

SPAS Spa-ahhh

The 41,000-square-foot **Spa at Four Seasons Hotel Westlake Village** (2 Dole Drive, Westlake Village, 818.575.3000, fourseasons.com/westlakevillage/spa) offers a heavenly array of amenities and treatments, including a Lavender Milk and Honey Cocoon body buff and massage that incorporates lavender grown on the property. The **Spa at Beverly Wilshire** (p. 84) boasts Natura Bissé treatments featuring the brand's luxurious Diamond Collection, while nearby **Spa Montage** (p. 84) offers

exclusive L.Raphael Genève skin-care therapies, and **The Spa at Four Seasons Hotel Los Angeles at Beverly Hills** (p. 84) tempts with mid-week poolside packages and seasonal specials. Also in Beverly Hills, but a world away in vibe, serene Japanese sanctuary **Tomoko Spa** (141 S. Beverly Drive, Beverly Hills, 310.205.7300, tomokospa.com) specializes in massages that blend Eastern and Western techniques and incorporate products like sake and organic oil. Santa Monica's popular



Korean wellness destination **Tikkun Holistic Spa** (p. 86) offers journeys and specialty treatments that include the Couple's Tantra Journey and the signature V Steam, which Gwyneth Paltrow touted on goop.com as a must-do if you're in L.A. Also

in Santa Monica, with another, newer location in Hollywood, **Exhale** (Fairmont Miramar Hotel & Bungalows, 101 Wilshire Blvd., Santa Monica, 310.319.3193 and Loews Hollywood Hotel, 1755 N. Highland Ave., Hollywood, 323.491.1376, exhalespa.com) is a combination gym/fitness studio offering barre, yoga and cardio classes and a spa with scrubs, facials, nail services, massages and Eastern treatments such as cupping, reiki and acupuncture. Meanwhile, on the Palos Verdes Peninsula, the award-winning oceanfront **Spa at Terranea** (100 Terranea

Way, Rancho Palos Verdes, 310.265.2740, terranea.com) is a tranquil getaway spanning 50,000 square feet of indoor and outdoor space with a pool, full-service salon, café and fitness center. Mother's Day packages include massages, facials, pedicures and poolside cabanas for two. On the other side of the county, recently renovated **Chuan Spa** at the Langham Huntington (1401 S. Oak Knoll Ave., Pasadena, 626.585.6414, chuanspa.com) is renowned for its energy-balancing treatments based upon traditional Chinese medicine.



Cut and Polished

Today's buzziest L.A. hair salon is **Mare Salon** (152 N. Wetherly Drive, West Hollywood, 424.274.3479, maresalon.com), new from Joico celebrity colorist Denis De Souza and stylists Mara Roszak (Brie Larson, Emma Stone) and Alex Polillo (Amy Poehler, Rooney Mara). Shop for stylish jewelry from Broken English and furniture from JF Chen after your

310.854.4922, sallyhershberger.com) is packed with talent, including extensions and balayage pro Joey Carrera and Joico celebrity stylist Paul Norton. If Mark Townsend is in town between shoots with the Olsen sisters and Dakota Johnson, book a cut immediately. Another celebrity favorite is **Ramirez Tran Salon** (8912 W. Olympic Blvd., Beverly Hills, 310.724.8167, ramireztran.com), from international L'Oréal Professionnel hairdressers

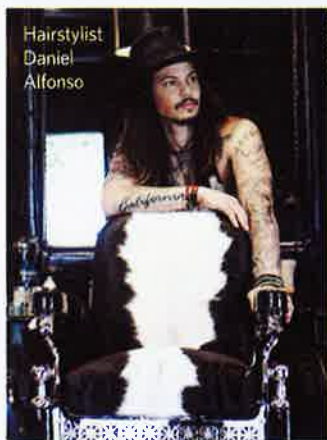
Johnny Ramirez and Anh Co Tran (Anne Hathaway, Julianne Moore). For hair, makeup and brows under one roof, the hottest spot in town is **Striike** (9278 Civic Center Drive, Beverly Hills, 310.205.2600, striike.com), where sisters Ashley, Jenn and Kristie Streicher boast a combined clientele that includes Emily Blunt and Lily James. Nearby, the eponymous salon of legendary hairstylist **Cristophe** (348 N. Beverly Drive, Beverly Hills, 310.274.0851,

cristophe.com), whose past clientele includes luminaries like Nicole Kidman and Bill and Hillary Clinton, is celebrating its 30th anniversary this year and still going strong. Also in Beverly Hills: Living Proof celebrity stylist Chris McMillan, the man behind "the Rachel," continues to turn out trendsetting looks along with his team at **Chris McMillan the Salon** (8944 Burton Way, Beverly Hills, 310.285.0088, chrismcmillanthesalon.com). In the Malibu Country Mart, McMillan protégé Michael Sparks and colorist Heather Cie

of **Cie Sparks Salon** (3835 Cross Creek Road, Suite 22, 310.456.2300, Malibu, ciesparkssalon.com) are go-tos for quintessential surfer-babe waves. Complete your look with a mani-pedi at "it" girl nail-salon favorites **Olive & June** (430 N.

Cañon Drive, Beverly Hills, 310.247.0500; 146 S. Lake Ave., Pasadena, 626.440.9700; 1426 Montana Ave., Santa Monica, 310.899.1029, olivejune.com) and **Côte** (11714 San Vicente Blvd., L.A., 310.820.0906, coteshop.co).

do's done. A creative vibe prevails in the art-filled **Benjamin Salon** (8910 Melrose Ave., West Hollywood, 424.249.3296, salonbenjamin.com), founded by stylist Benjamin Mohapi, who is soon to open a second location in downtown's Arts District. **Sally Hershberger Salon** (760 N. La Cienega Blvd., West Hollywood,



Hairstylist
Daniel
Alfonso

GUSSYING UP FOR GUYS

Grooming and pampering aren't only for the ladies. These spots make looking and feeling good a masculine matter. —G.G.

→ **Daniel Alfonso Men's Salon:**

The eponymous sought-after men's hairstylist (Shaun White, G-Eazy) just opened his own salon, outfitted with 200-year-old custom barber chairs, which

dudes settle into for cutting-edge styles. 7465 Beverly Blvd., L.A., 323.424.3725, dalfonsomenssalon.com

→ **The Gendarmerie:** This welcoming, male-friendly spa is inside a cozy house, where a loyal clientele heads for facials, massages, waxing, hair care and more. 9069 Nemo St., West

Hollywood, 310.858.9009, thegendarmerie.com

→ **Hammer & Nails:** Goodbye, awkwardness: This man-cave-like nail nirvana attends to men's hands and feet while they lounge in leather chairs and watch TV. 8257 Melrose Ave., L.A., 323.651.1458, hammerandnails-salon.com