



SPA CAFÉ

MENU

SPA BREAKFAST

breakfast burrito • 11

scrambled egg whites, cheddar cheese, turkey bacon, avocado, black beans, salsa

acai bowl • 13

california yogurt, fresh berries, banana, house made granola, shaved coconut

breakfast bagel • 13

sundried tomato aioli, basil, arugula, avocado, turkey bacon, fried egg with choice of bagel

farmers market omelet • 16

chanterelle mushrooms, broccolini, asparagus, california goat cheese

chicken scramble • 16

egg whites, chicken sausage, onions, tomato, spinach, basil, manchego cheese

cottage cheese and grapefruit bowl • 7 **GF**

add chia seeds \$2

CEREALS & GRAINS

steel cut oatmeal • 5

*fresh apples, blueberries and agave nectar
add house cashew butter \$3*

house made granola • 6

*with choice of milk or yogurt
add seasonal fruits, bananas or coconut \$1*

assorted daily pastries • 5

assorted bagels • 4

SOUPS AND SNACKS

chicken and corn chowder • 9

chicken, corn, red potatoes, cream

tomato bisque • 9 **V GF**

with rustic croutons (omit croutons for gluten free option)

chunky guacamole • 11 **V GF**

*local avocado, red onion, cilantro, tomato, jalapeno, sea salt, lime
with choice of tortilla chips or flax seed crackers*

shrimp ceviche lettuce cups • 14 **GF**

lime, jalapeño, tomato, red onion, cilantro, mango, gem lettuce

carrot hummus • 12 **V GF**

cucumbers and pita bread

fruit and cheese plate • 15 **GF**

seasonal fruits and local cheese, water crackers

SANDWICHES, WRAPS & SALADS

ADD CHOICE OF CHICKEN 4 | SHRIMP 5 | TOFU 6

tuscan tuna salad wrap • 14

*tuna white, capers, celery, tomatoes, chives, lettuce,
whole wheat tortilla*

green crunch salad • 15 **V GF**

*black kale, brussels sprouts, green apple, broccolini, edamame,
blue lake beans, snow peas, dried cranberries, avocado,
toasted sunflowerseeds, pomegranate vinaigrette*

t.b.l.t • 11

*shaved roasted turkey, turkey bacon, sprouts, romaine,
basil pesto aioli, whole wheat tortilla*

vegetable stir fry with ginger miso • 15 **V GF**

*asparagus, carrots, summer squash, broccolini, sweet potato and
escarole*

olive oil seared ahi tuna • 17 **GF**

*marinated white beans, crushed olives, campari tomatoes,
wild arugula*

spring beet salad • 14

*candy striped and yellow baby beets, watercress, pomegranate
seeds, shaved fennel and baby radish with grapefruit and lime
vinaigrette*

heirloom tomato and basil salad • 12 **GF**

*zucchini ribbons, basil, pepita seeds, burrata cheese, red wine
vinaigrette*

SWEETS

honey lemon mousse torte • 11

*honey lemon bavarian on top of an extra virgin olive oil cake
served with a lemon cream sauce, fresh honey comb and honey
sugar garnish. *Made from local ingredients grown on property.*

chocolate peanut butter cheesecake • 10

*chocolate and peanut butter cheesecakes swirled together and
baked on top of a double fudge cookie crust served with
chocolate sauce and peanut brittle garnish.*

cucumber lime panna cotta (sugar free) • 10

*cucumber and lime panna cotta with a lime short dough base,
cucumber mint syrup, mango pearls, and fresh raspberries.*

spa pops • 7

*cantaloupe, watermelon, green apple, and sugar free raspberry
sorbet bars or vanilla and chocolate dipped ice cream bars*

WHITES

	glass/carafe
Alois Lagader Pinot Grigio, <i>Italy</i>	12/43
One Hope Sauvignon Blanc, <i>California</i>	10/35
Twomey Sauvignon Blanc, <i>Napa, California</i>	15/55
One Hope Chardonnay, <i>California</i>	10/35
Cakebread Chardonnay, <i>Napa, California</i>	23/85

REDS

	glass/carafe
Mac Murray Pinot Noir, <i>Russian River Valley, California</i>	12/45
One Hope Merlot, <i>Napa, California</i>	10/35
One Hope Cabernet, <i>Napa, California</i>	10/35

Corkage fee (2 bottles max) \$35 per bottle

BEER

Coors Light • 6	California Blonde • 7 <i>Organic</i>
Corona • 7	Sierra Nevada • 8
Acai Beer • 7 <i>Organic</i>	Heineken • 8
Samuel Adams • 8	

OTHER BEVERAGES

VOSS Sparkling or Still Water • 5	
Ice Tea • 5	Iced Coffee • 6
Arnold Palmer • 5	Lemonade • 5
Hot Coffee (<i>sml/lrg</i>) • 4/6	
Hot Tea (<i>sml/lrg</i>) • 4/6	
Coconut Water (<i>sml/lrg</i>) • 6/8	
Soda • 5	
<i>coke, diet coke, sprite, ginger ale, club soda, tonic water</i>	
Juices • 5	
<i>apple, cranapple, grapefruit, orange, pineapple, pomegranate</i>	



BEVERAGE

Guided by principles of sustainability.

SPA COCKTAILS

Berry Tart • 15

american star caviar lime organic vodka, strawberries & lemonade blended

Sage GnT • 15

art of the age sage gin & fever tree tonic water

Spa Colada • 14

brugal rum, pineapple, coconut milk, agave

Cucumber Breeze • 15

art of the age sage gin, cucumber puree lemonade

Skinny Margarita • 15

patron silver, fresh lemon, lime & orange juice, agave

Bloody Mary • 14

rain vodka and house made mary mix

Spa Sangria • 12

red or white wine with st. germain marinated fruit.

Ginger Snap • 14**

om meyer lemon & ginger, ginger ale

***Organic, gluten-free, mixology-inspired vodka.*

A tree is planted in Haiti for every bottle sold.

CHAMPAGNE/SPARKLING

One Hope Sparkling, California

glass/carafe
10/35

Chandon Brut NV, California

12/43

La Marca, Prosecco, Italy

11/40

Graham Beck Brut Rose, South Africa

12/43

Veuve Clicquot "Yellow Label" NV, France

30/110

Corkage fee (2 bottles max) \$35 per bottle

REVITALIZING SMOOTHIES

ADD INS

*low fat yogurt, soy milk, milk, almond milk, banana, (protein powder, chia seeds & flaxseeds \$2) *Skinny fresh fruit smoothies can be made with bottled water or coconut water in place of juice.*

Mixed Berry • 11

seasonal mixed berries, fresh OJ & Acai

Peanut Butter And Chocolate • 11

creamy peanut butter and chocolate with milk

Strawberry And Fresh OJ • 11

strawberries, pineapple and fresh OJ

Pineapple And Coconut • 11

pineapple juice, coconut milk, pineapple and agave nectar

Mango And Kale • 11

fresh mango and kale, water

Skinny Veggie • 12

kale, spinach, cucumber, apple, water and agave nectar

FRESH JUICES

Add a shot of freshly cut wheat grass for \$5

Delightful Detox • 9

fennel, green apple, celery, mint, dandelion greens, ginger

Carotene Charisma • 9

carrot, mango, strawberry, orange, ginger

Cool Hydrator • 9

cucumber, mint, celery, pineapple, jalapeno

Triple Orange Splash • 9

tangerine, blood orange, valencia orange
