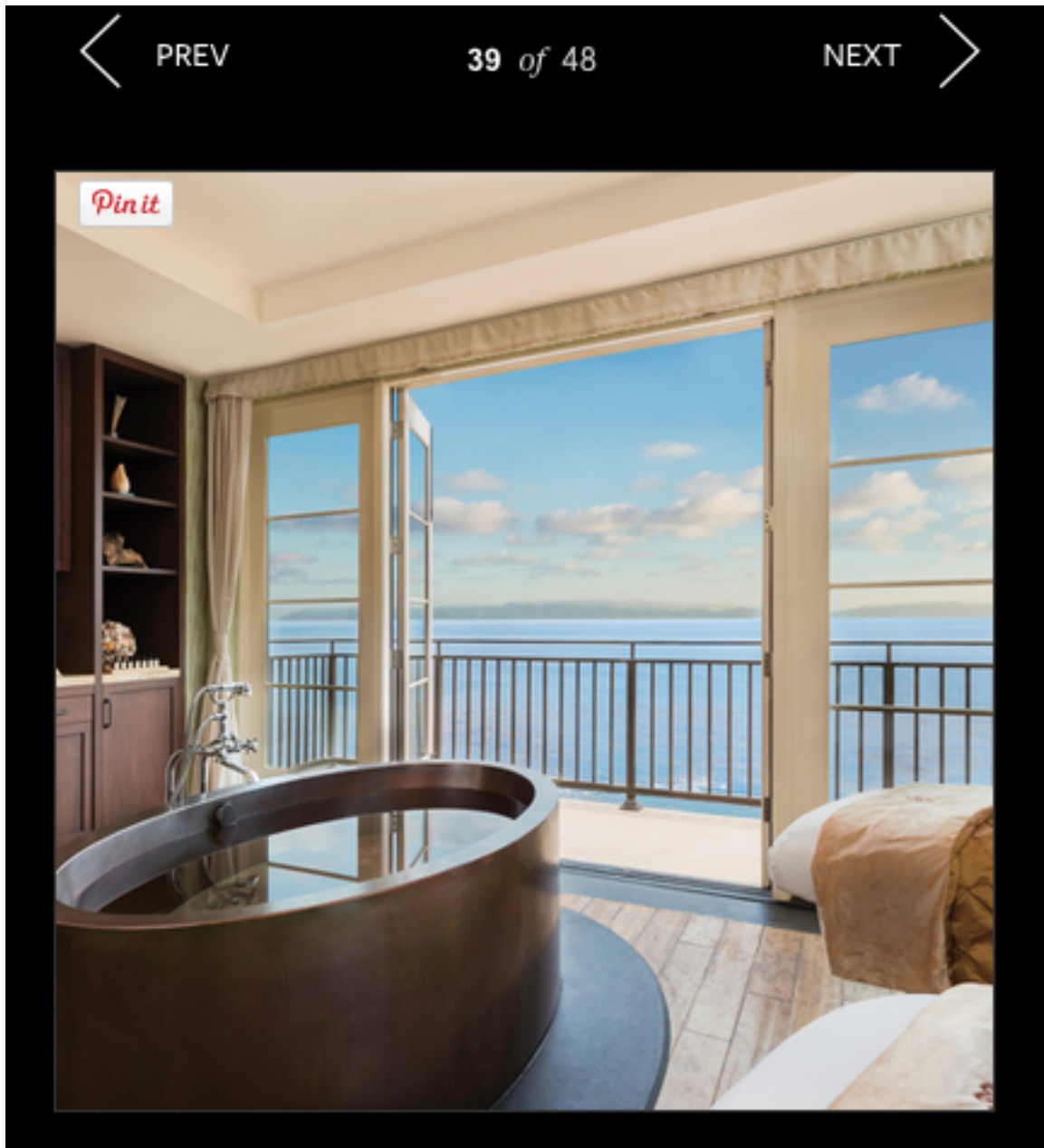


# InStyle

<http://www.instyle.com/beauty/2015-beauty-black-book-picks>

## Our 2015 Beauty Black Book Picks



## THE SPA AT TERRANEA

Palos Verdes, California: Massages

100 Terranea Way, 310-265-2740

Regular price: \$285

**InStyle deal:** \$228

2015 InStyle Beauty Black Book Pick

**[Book an Appointment](#)**

Considered the go-to staycation spot for L.A. locals, this 50,000- square-foot spa boasts 25 treatment rooms, indoor and outdoor lounges, saunas, steam rooms, cold plunges, and a pool—all overlooking the coastline. In a spa bungalow you can delight in the El Segundo Blue, a body treatment designed to calm the nerves and cleanse toxins using an algae-based paste. The hour-and-a-half session kicks off with a 30-minute lymphatic-touch massage with essential oils and picks up with a targeted shoulder and scalp massage. Finally, a coating of mineral clay is applied and then removed to make skin clean and silky. Our tester left feeling “lighter” and “blissfully relaxed.”

*Mention InStyle when booking to receive 20 percent off the price of the service with the pro mentioned, when applicable. The discount is valid for one visit per person per location in October 2015 and applies to the specific service mentioned in each review.*

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