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These Hotels Spas Are Worth the Splurge

by Mar Yvette | May 2, 2016

Whether you need to de-stress from the pressures of everyday life or just want to treat yourself to a little pampering, there's nothing like checking into a fab hotel spa for some rest, relaxation and rejuvenation. From an urban oasis in

Downtown LA to an oceanside retreat you won't soon forget, here are eight hotel spas in southern California that are well worth the cost of admission. Overnight stay not required.

Spa at Terranea Resort

Looking to get away but don't have the funds to jet over to Maui? No worries. The Spa at Terranea will make you feel as though you've just arrived at some seaside paradise. The place is huge. Like 50,000 square feet huge. But it's not the kind of huge that's sterile and makes you feel like you're going to get lost. It's airy and serene. And there's even a little juice shop, salon and shop in the main lobby area. There are 25 treatment rooms, a pool, outdoor hot tubs and three private VIP suites named after the elements: Earth (redwood sauna and shower), Fire (cozy fireplace) and Water (copper tub and the most incredible views of the Pacific). I got a massage in the Water suite. The massage itself is great, but what really made it so unexpectedly memorable were the sea lions playing in the ocean right outside my door! It might not be practical to open those French doors during the winter months (and I don't know what the sea lions' schedules are like), but let me just say that no New Age background music could ever compete with the sound of those noisy blubbery rascals lulling me into total bliss. Treatments (called Rituals) start at $190 for 60-minute facials and around $195 for 60-minute massages and wraps.