

HOME DINING RECREATION TRAVEL COMMUNITY HEALTH SHOPPING

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LIVING

MAY 2011

GOING PLACES & DOING THINGS

KAYAKING IN LAKE TAHOE, GARDEN HOPPING IN
SAN LUIS OBISPO, DINING IN LOS ANGELES,
AND FOLLOWING THE AMGEN TOUR OF
CALIFORNIA FROM START TO FINISH





The soothing lobby and relaxation room at The Spa at Terranea set the stage for signature treatments to follow, which correspond to the time of day: Morning treatments prepare you for an active day ahead, while afternoon treatments are designed to promote relaxation and sleep.

Spa With a View

Terranea Resort (terranea.com) on the Palos Verdes Peninsula has amazing views of the sweeping coastline, the mighty Pacific, and Catalina. And it has the amenities (dining, pools, spa, golf) requisite of any luxury resort. But it takes the “hotel within a hotel” concept one step further with the adults-only Club at The Spa. Guests stay in one- or two-bedroom bungalows with separate living area, kitchen, laundry, indoor and outdoor fireplaces, and balcony or patio, most with an ocean view (from \$835). The Club includes all-day dining in The Spa Café, exclusive access to The Spa amenities (pool, saunas, whirlpools, locker room, lounges, fire pits), a personal concierge, and 10 percent off spa services and pool cabana rentals. Signature spa treatments incorporate mind-body practices and use products that tie in to the local area, from seaweed wraps to experiences that mirror the metamorphosis of the local El Segundo butterfly.

Join The Club

The Ritz-Carlton (various locations; ritzcarlton.com) offers an exclusive Club Level of accommodations that features extra privacy with a separate entrance or elevator, an exclusive lounge (with complimentary breakfast, light lunch, snacks, cocktails, hors d’oeuvres, desserts, and cordials) plus a dedicated concierge staff. Two of the most popular Club Levels are The Ritz-Carlton, San Francisco in Nob Hill, voted the number-one San Francisco hotel by the readers of *Condé Nast Traveler*; and ocean-view Laguna Niguel, voted by guests as the “Best Club Experience Globally” for three consecutive years, and awarded AAA Five Diamond status for 25 years, the longest in California. Club Level rooms start at \$499 (San Francisco) or \$570 (Laguna Niguel).

Hot Tip:

Santa Barbara’s “Car Free” promotion is back through the end of the year, offering discounts at tourist attractions and 25 hotels in the city when you travel by Amtrak, city bus, or bicycle. (santabarbaracarfree.org)