

# Spa Recommendations

THE SPA AT TERRANEA WANTS TO ENSURE THAT ALL OF OUR GUESTS ENJOY THE ULTIMATE SPA EXPERIENCE AT OUR LUXURIOUS SPA. THE FOLLOWING ARE SOME SUGGESTIONS AND TIPS TO MAKE YOUR SPA AND WELLNESS EXPERIENCE FLAWLESS.

## RESERVATIONS:

- PLEASE CALL **310.265.2740** TO SCHEDULE A SPA APPOINTMENT. TO ENSURE YOUR DESIRED TIME, WE ENCOURAGE YOU TO MAKE RESERVATIONS EARLY.
- IF YOU HAVE A THERAPIST GENDER PREFERENCE AND/OR ANY MEDICAL CONDITIONS, PLEASE ADVISE US WHEN MAKING RESERVATIONS.
- CREDIT CARD REQUIRED AT THE TIME OF BOOKING TO CONFIRM RESERVATIONS.
- SPA SERVICES, FACILITIES AND AMENITIES ARE AVAILABLE FOR GUESTS 18 YEARS AND OLDER. THE FITNESS CENTER WELCOMES GUESTS 16 YEARS AND OLDER; WHEN ACCOMPANIED BY A LEGAL GUARDIAN. GUESTS UNDER THE AGE OF 18 ARE WELCOME TO RECEIVE SALON SERVICES WHEN ACCOMPANIED BY A LEGAL GUARDIAN.

\*FOR YOUR CONVENIENCE, A 20% SERVICE CHARGE IS AUTOMATICALLY ADDED TO ALL SPA AND SALON SERVICES.

## SPA RECOMMENDATIONS & GUIDELINES:

- PLEASE ARRIVE 30-45 MINUTES PRIOR TO YOUR APPOINTMENT.
- THE SPA OFFERS FULL CHANGING ROOM AMENITIES AND THE COMPLIMENTARY USE OF A SPA ROBE, SLIPPERS, AND DIGITAL LOCKERS.
- THE SPA SUGGESTS GUESTS ENJOY A WARM SHOWER BEFORE TREATMENTS.
- BATHING SUITS ARE REQUIRED IN ALL OUTDOOR AREAS.
- IN SPA TREATMENT AND RELAXATION AREAS, PLEASE REFRAIN FROM CELL PHONE USAGE.

## CANCELLATION, CHANGES & NO-SHOW POLICY:

- PLEASE ALLOW AT LEAST 6 HOURS NOTICE FOR CANCELLATIONS OR CHANGES.
- CANCELLATIONS AND CHANGES MADE LESS THAN 6 HOURS IN ADVANCE WILL RESULT IN A 50% CHARGE FOR THE SCHEDULED TREATMENT.
- NO-SHOWS WILL BE BILLED AT THE FULL TREATMENT RATE.
- LATE ARRIVALS RESULT IN THE GUEST RECEIVING THE REMAINDER OF THEIR ALLOTTED TREATMENT TIME. YOUR TREATMENT WILL END AT THE SCHEDULED TIME, SO THAT THE NEXT GUEST WILL NOT BE INCONVENIENCED. THE VALUE OF YOUR FULL TREATMENT WILL BE APPLIED.



THE SPA  
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# Signature Rituals

## MORNING & EARLY AFTERNOON

BALNEO SPECIFICS 30 MIN.....	95
CRYSTAL QUARTZ SCRUB 30 MIN .....	110
DEAD SEA SALT SCRUB 30 MIN .....	110
CRYSTAL REFLECTIONS 60 MIN .....	195
VOLCANIC CLAY WRAP 60 MIN .....	195
OIL & WATER 90 MIN .....	285
INSIDE & OUT 120 MIN .....	375
OCEAN PRELUDE 120 MIN .....	375
POWER OF STONE 120 MIN .....	375

## LATE AFTERNOON & EVENING

BALNEO SPECIFICS 30 MIN.....	95
TRANQUILITY 60 MIN .....	195
EL SEGUNDO BLUE 90 MIN.....	285
PASSAGE 90 MIN.....	285
FLICKERING EMBERS 120 MIN .....	375

## NEW BEGINNINGS

MOMMY TO BE MASSAGE 60 MIN .....	195
QUEEN OF THE SEA - TOTAL INDULGENCE 60 MIN .....	195
TIDAL MOON - SCRUB & MASSAGE 90 MIN .....	285
HEAVEN AND EARTH - FOOT RITUAL & RELAXING MASSAGE 90 MIN.....	285



<b>MASSAGES</b> .....	<b>60MIN</b> .....	<b>90MIN</b>
RELAXING CLASSICAL .....	185	265
SPORTS .....	185	265
TERRANEA THERAPEUTIC .....	185	265
THAI .....	185	265
HOT STONE.....	190	270
SHIATSU THERAPY.....	190	270
REFLEXOLOGY .....	190	
MOMMY TO BE .....	195	270

<b>FACIALS</b> .....	<b>60MIN</b> .....	<b>90MIN</b>
SKIN SPECIFICS FACIAL .....	190	270
GENTLEMAN'S FACIAL .....	190	270
VITAL AND TONED .....	195	275
NATURE'S TRANSFORMATION .....	195	275
BOTANICAL BRIGHTENING FACIAL .....		275
BARE YOUR BACK .....	185	

<b>RADIANT RESULTS FACIALS</b> .....	<b>60MIN</b> .....	<b>90MIN</b>
ULTIMATE RADIANCE LIFT .....		365
AROMA LIFT .....	265	
AROMA CLEAR .....	265	
SERIES OF THREE AROMA FACIALS .....	755	
SERIES OF SIX AROMA FACIALS .....	1416	

<b>WAXING</b>		
LIP OR CHIN WAX .....		35
BROW WAX & SHAPING .....		45
BASIC BIKINI WAX .....		70
LEG WAX .....		80-100
UNDERARM WAX .....		55
CHEST OR BACK WAX .....		75-100



# Salon Menu

## MANICURES

MAN-MADE 30 MIN .....	65
TREAD LIGHTLY 45 MIN .....	75
PACIFIC BREEZE 45 MIN .....	75
REVITALIZING HANDPRINT MANICURE 50 MIN .....	80
GEL MANICURE 45 MIN .....	85
ALLURING ME 60 MIN .....	90
POLISH CHANGE .....	40
ADD ON: NOURISHING PARAFFIN TREATMENT .....	25
ADD ON: FRENCH POLISH APPLICATION .....	15
ADD ON: GEL SOAK OFF .....	20

## PEDICURES

MAN-MADE 45 MIN .....	85
TREAD LIGHTLY 60 MIN .....	95
PACIFIC BREEZE 60 MIN .....	95
ALLURING ME 75 MIN .....	120
ADD ON: FRENCH POLISH APPLICATION .....	15

## MAKEUP

MAKEUP APPLICATION DAY OR EVENING .....	75
BRIDAL MAKEUP APPLICATION - CONSULTATION .....	75
BRIDAL MAKEUP APPLICATION (WEDDING DAY) .....	90
EYELASH APPLICATION .....	35-45



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# Salon Menu

## HAIR

SHAMPOO & BLOW DRY .....	60-90
HAIRCUT FOR WOMEN .....	85
COLOR/COLOR TOUCH UP .....	100+
HIGHLIGHTS/LOW LIGHTS .....	125+
MEN'S HAIRCUT .....	60
MEN'S COLOR CAMOUFLAGE .....	50+
SPECIAL OCCASION STYLING - ADULT .....	115
SPECIAL OCCASION STYLING - JUNIOR .....	65
HAIRCUT FOR CHILDREN .....	45
BRIDAL HAIR STYLING & CONSULTATION .....	125
BRIDAL HAIR STYLING - WEDDING DAY .....	150
CUSTOM COLOR CORRECTION .....	PRICED UPON CONSULTATION

## MOROCCANOIL®

BALANCING SCALP TREATMENT .....	45
DEEP CONDITIONING TREATMENT .....	50

## KERATIN COMPLEX SMOOTHING THERAPY™ BY COPPOLA

EXPRESS .....	150+
ORIGINAL .....	350+



# Personal Training at the Fitness Center

FOR THOSE WANTING MORE PERSONALIZED ASSISTANCE AND ATTENTION, TERRANEA TRAINERS ARE ON CALL TO HELP GUESTS WITH THEIR FITNESS PROGRAM AND WORKOUTS. OUR TEAM OF FITNESS PROFESSIONALS CAN WORK WITH GUESTS, PRIVATELY OR SEMI PRIVATELY, IN MANY AREAS OF FITNESS AND WELLNESS. CHOOSE FROM ANY OF OUR MANY FORMATS AND TYPES OF TRAINING: RESISTANCE, CARDIOVASCULAR, FLEXIBILITY OR ANY COMBINATION OF THEM ALL!

**PERSONAL TRAINING SESSIONS**..... **SINGLE SESSION** ..... **PACKAGE OF 6**

**SPECIALTY TRAINING 30 MIN**..... \$70 ..... \$375

PRIVATE WORKOUT WITH A CERTIFIED TRAINER IN ANY OF OUR SPECIALTY AREAS, WHICH UTILIZE TOP-OF-THE-LINE EQUIPMENT AND REQUIRES A TRAINER SPECIALIZING IN FORMATS SUCH AS KETTLE BELLS, TRX, PILATES REFORMER AND FLEXIBARS.

**PERSONAL TRAINING 30 MIN**..... \$65 ..... \$350

30 MINUTE PRIVATE WORKOUT WITH A CERTIFIED TRAINER TO MEET INDIVIDUAL CLIENT NEEDS AND OBJECTIVES.

**PERSONAL TRAINING 60 MIN**..... \$125 ..... \$650

60 MINUTE PRIVATE WORKOUT WITH A CERTIFIED TRAINER TO MEET INDIVIDUAL CLIENT NEEDS AND OBJECTIVES.



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# *In the Comfort of your Room*

**RELAXING CLASSICAL MASSAGE**.....60 MINUTES | \$370 .....90 MINUTES | \$450  
RHYTHMIC AND THOROUGH, TERRANEA'S CLASSIC MASSAGE IS TAILORED TO THE INDIVIDUAL IN ORDER TO ADDRESS MUSCULAR ACHES AND PAINS TO SOOTH BODY AND MIND.

**SPORTS MASSAGE** ..... 60 MINUTES | \$370 .....90 MINUTES | \$450  
TAILORED TO THE NEEDS OF THE ATHLETE, THIS SPECIFIC MASSAGE ADDRESSES PROBLEMATIC MUSCLES AND JOINTS. THE COMBINATION OF STROKES AND TECHNIQUES STRETCHES THE MUSCLES, IMPROVES FLEXIBILITY AND FLUSHES METABOLIC WASTE FROM THE TISSUES.

**TERRANEA THERAPEUTICS** ..... 60 MINUTES | \$370 .....90 MINUTES | \$450  
A SKILLED THERAPIST DETERMINES THE MOST APPROPRIATE MASSAGE MODALITY IN ADDRESSING INJURIES, CHRONIC ACHES, FLUID RETENTION AND OTHER CONDITIONS.

**AFTER-HOURS CHARGE:** AN ADDITIONAL \$100 WILL BE CHARGED FOR IN ROOM MESSAGES BETWEEN THE HOURS OF 6AM – 8AM AND 8PM – 11PM.

**PLEASE NOTE:** PLEASE ALLOW FOR THE THERAPIST TO ARRIVE APPROXIMATELY 20 MIN EARLY TO SET UP. PLEASE ANTICIPATE APPROXIMATELY 20 MIN POST MASSAGE FOR THERAPIST TO BREAKDOWN.



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