



Island Resort Getaways to Escape Winter's Chill



The fire pit at Little Palm Island Resort & Spa in Florida.

Amanyara

This tucked-away resort in Turks and Caicos is true to its name, which derives from the Turkish word for peace. Ten dive sites surround the resort, offering a unique experience for all diving levels. Dry off at the circular bar complete with a soaring ceiling inside and oversize lounging daybeds outside. *Providenciales, Turks and Caicos, 649-941-8133*

Cheeca Lodge & Spa

Embrace the barefoot elegance of the Florida Keys by fishing off the 525-foot wooden pier, snorkeling in the saltwater lagoon, or playing a round of golf on the Jack Nicklaus–designed course. Unwind with a lava shell spa treatment or an alfresco massage in an oceanfront tiki hut. *81801 Overseas Highway, Islamorada, FL, 305-664-4651*

Fontainebleau Miami Beach

Blending mid-century glamour with modern luxury, Fontainebleau features the world-famous LIV nightclub, a 40,000-square-foot Lapis Spa, and three AAA Four Diamond restaurants. Get rejuvenated with mineral-rich water therapies and oceanfront cabanas. The BleauLive concert series will feature Gloria Gaynor and The Spinners in December. *4441 Collins Ave., Miami Beach, FL, 305-538-2000*

Grace Bay Club Explore the natural beauty of Turks and Caicos on this 11-acre beachfront resort. Snorkel or scuba dive with manta rays in the turquoise water, then indulge at the longest beach bar in the Caribbean, Infiniti Bar at Grace Bay Club, and the first pop-up restaurant on the island, Stix on Grace Bay. *Providenciales, Turks and Caicos, 649-946-5050*

The Grand Del Mar

Escape to a Mediterranean-style paradise. The resort features the first restaurant in San Diego to earn the AAA Five Diamond Award and a Forbes Five-Star rating, plus a luxurious Forbes Five-Star spa and golf course on-site. Local

activities include water sports, horseback riding, hot-air ballooning, and hiking in natural canyon preserves. *5300 Grand Del Mar Court, San Diego, CA, 858-314-2000*

Little Palm Island Resort & Spa

This private tropical island provides both romance and adventure with 15 intimate thatched-roof bungalows. Work up an appetite by skydiving, sailing, scuba diving, or kiteboarding, then enjoy the seasonally fresh cuisine that pairs pan-Latin ingredients with French techniques. *28500 Overseas Hwy., Little Torch Key, FL, 305-872-2524*

Pink Sands Resort

Situated on a pink sand beach, 25 pastel cottages offer the perfect lodging to embrace the tranquility of the Harbour Islands. Cruise through the lush tropical grounds, enjoy fishing or snorkeling, and satisfy your appetite with Mediterranean and Caribbean fusion dishes. For a breathtaking ocean view, stay in the two-story villa La Mer Azure. *Dunmore Town, Bahamas, 242-333 2030*

The Ranch at Live Oak/Malibu

Lose the winter blues—and some inches around your waist. This getaway features an intense fitness and wellness regimen with structured diet and scheduled activities. Throughout the seven-day stay, experience mountain hiking, exercise classes, weight training, and yoga, then reward yourself with daily massages. *12220 Cotharin Road, Malibu, CA, 310-457-8700*

Terranea Resort

Quench your thirst for adventure with horseback riding, falconry, kayaking, paddle boarding, and more. Conveniently located 30 minutes from Los Angeles, Terranea Resort will make you feel like you're on a tropical vacation without leaving the States. *100 Terranea Way, Rancho Palos Verdes, CA, 310-265-2800*

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